

TRAINEE/INTERN AGREEMENT

The Novato Youth Center Family Counseling Program asks our trainees/interns that they:

1. Participate in weekly meetings on Wednesdays from 9:30 a.m. to 2:30 p.m. These meetings include:
 - a. "checking in" and connecting as adults whose current life issues inevitably affect our lives as therapists.
 - b. business issues concerning handling fees, paperwork, room logistics, new intakes, etc.
 - c. group supervision.
 - d. training program.
2. Participate in the FCP for 1 year beginning the first Wednesday in September and continuing through the last week of August. This includes four weeks of vacation which might include 2 weeks at Christmas, 1 week in February, 1 week at Easter, and 1 week of your choosing at your discretion and approval by your supervisor.
3. Be available for 10-12 hours per week to see clients, including one or two afternoon/evenings (Monday - Friday) 2:30 to 8:00 p.m. This may include work on a school site.
4. Participate in ongoing maintenance and upkeep of counseling rooms, intern office, and supply areas.
5. Participation in on-going individual therapy is recommended in order to integrate the personal issues that working with clients inevitably brings up.
6. The hourly rate of payment will include 1 clinical hour and 1 hour for every 4 clinical hours for note taking, file keeping, and phone calls.

THE NYC FAMILY COUNSELING PROGRAM shall provide:

1. Honest, on-going feedback. Compassionate and open hearted support of trainees and interns as they begin and grow as therapists.
2. In depth training in Family/Child and Adolescent Therapy, which will include on-going review of video-taped counseling sessions as part of training and supervision.
3. Intern/trainee self-evaluation and review process including discussion of each person's strengths and areas needing focus.
4. Weekly individual supervision (at least 1 hour).

5. Weekly group supervision (2 hours)
6. Additional support and training, as needed, especially when trainees/interns first join the FCP.
7. Appropriate matching of trainee/intern with clients that provide the best growth opportunities for everyone involved.

This internship can be a challenging and rewarding time. Personal issues are likely to arise in ways that cannot be anticipated or controlled. We all work together to support each other throughout the year.

This agreement is entered into with appreciation of the responsibility and accountability we hold in our relationships with clients and with each other.

Trainee/Intern

Date

FCP Clinical Director

Date