

LA CHEIM ADULT BEHAVIORAL HEALTH SERVICES

TREATMENT PHILOSOPHY

ABHS's clinical philosophy is based on a holistic client treatment model. Our model believes that effective work with persons having a serious mental illness requires an individualized but well-coordinated blend of clinical treatments by a multi-disciplinary team and an adequate community support system.

The clinical services are designed to support, educate and assist the client to: (1) better understand and participate in the treatment of his/her illness; (2) develop coping skills; (3) ameliorate his/her acute cognitive and behavior dysfunctions; (4) establish means for mental health stabilization; and (5) return to a less acute and more normative state of functioning. The blend of therapeutic services constitute a disciplined yet sufficiently flexible program that encourages patients to experience accomplishment, growth, creativity and joy.

The program is staffed by licensed professionals at a high clinician/patient ratio and conducted in an inviting and hospitable setting to help enhance the quality of services and stabilize the seriously ill patients in the shortest possible time.

The expected results are an increased quality of life and functioning and a decrease in the overall utilization of high cost health services (e.g. in-patient hospitalization, emergency room visits, etc.). Clients are referred to lower levels of care as their symptomatology is stabilized. Independence from intensive treatment is fostered as clients are taught to utilize community resources and build their own support network. When feasible, patients are assisted to return to work or schooling.

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MISSION STATEMENT

ABHS provides a safe, therapeutic environment for adults (incl older adults) who present serious mental illnesses. The primary modality for treatment is an structured partial hospitalization or intensive outpatient program. These environments present the 2d and 3d most intensive therapeutic settings after in-patient hospitalization. The purpose of these programs is to help the adult patients regain the maximum possible emotional stability and functioning ability within the short time limit of their authorized stay.

OBJECTIVES

1. Every patient is treated with the dignity, caring and understanding for which La Cheim is well known.
2. Each patient is seen as an individual with separate background and history, needs and goals, capabilities, strengths and weaknesses, and motivations, requiring individualized treatment plans and treatment approach,
3. Each patient is assigned a personal therapist and counselor who is a good fit for the patient.
4. The patients are given the knowledge and skills necessary to help them overcome the symptoms of their mental illness and become a functioning and self-sufficient member in their setting after their discharge.
5. Quality of care measures will show high patient satisfaction and ability to manage their living activities after discharge.