

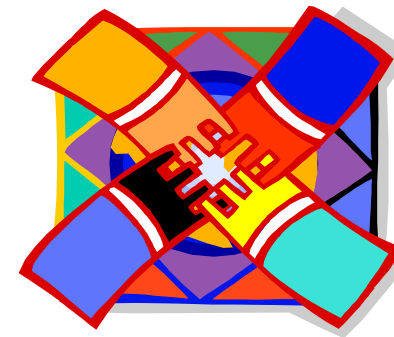
For information call
Student Intervention Team
@415.241.6211

Internship Program

San Francisco Unified Schools

2007-08
school year

Placement Options



SELECT FROM PLACEMENTS IN:

- SIT/SBI895 Mental Health Services
- High School and Middle School Wellness Centers
- Elementary and Middle School Learning Support
- Foster Youth Services



San Francisco Unified School District
Student Support Services
Trish Bascom, Chief

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“My experience as a MFT intern for SFUSD has been both challenging and fulfilling. The work has allowed me to experience child development issues as they express themselves through elementary, middle and high school students. Because of the magnificent diversity within the SFUSD system, I have been able to learn the importance and requirements of cultural competency as well as develop and grow in my abilities to do psychosocial assessment and offer counseling. The experience and knowledge of the supervisors in the program is the best I have received in my years as a MFT intern.”

Gregory Sandritter, MFT intern

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About Clinical Supervisors

Kristen Edmonston, LCSW, PPSC

Kristen graduated in 2001 from the University of California, Berkeley with an MSW degree specializing in school social work. Since that time, she has been working in the San Francisco Unified School District running various programs to help meet the needs of at-risk children and their families. Prior to graduate school, she worked for Child Protective Services and in adult mental health facilities. She has expertise in systems work as well as clinical case management and crisis intervention. In 2005, she received her LCSW.

Janet Frost, LCSW, PPSC

Janet has been a Licensed Clinical Social Worker since 1979. She has worked for SFUSD for almost 20 years and has provided clinical supervision for interns and employees for the last 10 years. She was a consultant with the District's middle schools on systemic change issues. Responsible for creating the Internship Program for the District, she is the founding member of the Student Intervention/SB1985 Team. She has expertise with adolescents having worked at Napa State Hospital's Adolescent Unit and the adolescent crisis units in both San Francisco and Marin.

Beth Jaeger-Skigen, LCSW, PPSC

Beth Jaeger-Skigen has been in the mental health field for 14 years. She has worked for SFUSD for five years and she also works with individuals, couples, and groups in private practice. Prior to working for SFUSD, Beth ran a transitional housing program for abused women and children as well as a substance abuse program at a day treatment facility. She has extensive group training and has a particular interest in parent education, play therapy, and child advocacy.

Scott Ostendorf, MFT

Scott has been a Marriage and Family Therapist since 2002. Since 2003 he has worked for SFUSD as a Learning Support Professional and clinical supervisor for interns. Scott has a broad knowledge of departments and services for children within SFUSD and Community Behavioral Health Services. His areas of expertise include child/family therapy, teacher consultation, and parent education. Scott is involved in advocacy efforts to increase funding for school-based behavioral health services within SFUSD and is pursuing a credential in school psychology as a way of expanding his knowledge and expertise in child development and learning processes.

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About the SFUSD...

The San Francisco Unified School District is the place where excellence begins for more than 60,000 of San Francisco's youngest residents. Their education is entrusted to the over 7,000 principals, teachers, educators, administrators and staff that support the work of education in over 160 Pre-Kindergarten through 12th grade schools in the District.

More than fifty languages are spoken among the families of our students. The diverse student population enriches SFUSD, which has a solid record of academic achievement. With a "who's who" of excellent students including outstanding doctors, lawyers, teachers, poet laureates, and Pulitzer Prize winners in science, SFUSD students have transformed the city and changed the world.

SFUSD leads the way in many areas of educational endeavors. Those researching cutting-edge academic teaching methods and programs seek out San Francisco. SFUSD's language immersion programs in which students are taught simultaneously in English, Spanish and Chinese or Japanese are premiere. Our quarterly Professional Development Institutes help equip classroom educators and those that support their work to embrace new ways of thinking and performing.

Excellence for All is the SFUSD's comprehensive plan for improvement. The plan, developed under the leadership of the Superintendent, with the input from over 3,000 community members, is a blueprint for success. Excellence for All reflects a renewed commitment to providing an excellent education to all public school students in San Francisco. Our mission is to continually increase student achievement by raising the bar for all students and closing gaps in performance. In pursuing this mission, we have taken on five priorities and are guided by five core beliefs:

- Increasing achievement for all students
- Ensuring an equitable distribution of resources
- Holding all educators accountable and giving them the chance for professional growth
- Engaging the entire community
- Improving services and support to schools.

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About the Internship Program

The SFUSD Internship Program is specifically designed for graduate students in social work and/or counseling who are pursuing their MSW or MFT licenses and/or the PPS credential. It is also a program where Post Masters MFT interns can accrue child and family hours.

Interns are placed at school sites at the elementary, middle and/or high school level. Each intern is placed at a site where they have access to day-to-day supervision from a school site mental health worker or counselor. In addition to site supervision, interns are provided one hour of individual clinical supervision or two hours of group supervision from an appropriately licensed practitioner. Professional development opportunities and training seminars are provided for all interns who work in any program at a SFUSD school site. Training covered each year includes: working in a school environment; interviewing and assessment; play therapy; sand tray; group therapy and consultation to teachers.

Clinical supervision, learning agreements, university contracts, and all evaluations are provided by licensed clinical social workers, or licensed MFT clinicians who meet the appropriate requirements for each university's program.

In addition interns have the opportunity to provide services to children referred for **Student Intervention/SB1895 services**. **Specific training on SIT/SB1895 procedures and policy is required of each intern**. Interns are assigned cases by the Student Intervention/SB1895 Team and are expected to complete progress notes and written case reviews for each student for whom services are provided. **Stipends may be available at the completion of clinical services to each SB1895 case.**

A placement at SFUSD may also qualify as a Mental Health Service Act (Prop. 63) Stipend Program Internship. Please see page 9 for additional information. For more information about the Mental Health Service Act (Prop. 63) Stipend process at your university, contact the MSHA program coordinator .

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Mental Health Service Act

Mental Health Service Act (Prop. 63) Stipend Program Internship

The passage of Proposition 63 (now known as the Mental Health Services Act or MHSA) provides increased funding, personnel and other resources to support county mental health programs for children, transition age youth, adults, older adults and families. The MHSA identifies California's public schools as critical partners in achieving this vision.

A key objective of the MHSA is to increase the quantity and quality of trained persons available for employment in the public mental health system and encouraging development of a diverse workforce. Toward this aim, California's Department of Mental Health has partnered with the California Social Work Education Center (CaSWEC) to establish competitive stipend program for graduate students enrolled in schools of Social Work across the UC system. **Student eligibility and application procedures are unique to each UC Campus.**

In 2007-08, potential MHSA Intern(s) will have the opportunity to help strengthen San Francisco's collaborative service delivery system that serves severely emotionally disturbed children and youth. The primary emphasis of the MHSA Internship will be to develop innovative strategies that address current systemic challenges, and that lead San Francisco toward a greater fulfillment of the vision and mission of MHSA.

Internships at SFUSD that may qualify for the MHSA Stipend include:

Administrative/Planning Internship: Work as part of the SFUSD Student Intervention Team and CBHS stakeholders to:

- Identify and implement best practices to integrate the continuum of services to remove barriers to learning for students with emotional disturbance and to enhance prevention and early intervention strategies for all students.
- Integrate SFUSD's mental health activity to maximize use and effectiveness of resources.
- Develop mechanisms to promote collaboration, address systemic challenges and implement sound policy and programming.

Clinical Intern: Work in a school setting with SFUSD and Mental Health Partnership personnel to develop specialized classroom curricular milieu for severe emotional disturbance to:

- Develop self-awareness and self-management skills to achieve school and life success.
- Use social-awareness and interpersonal skills to establish and maintain positive relationships.
- Demonstrate decision-making skills and responsible behaviors in personal, school, and community contexts.

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Foster Youth Services Program

The Foster Youth Services Program serves the unique educational needs of all foster and probation youth within San Francisco County. Foster youth are children who are removed from the care of their parents primarily because of abuse and neglect that resulted from complex family, social and environmental conditions. Children in foster care move frequently among emergency shelters, foster family, guardian homes (kinship/relative or non-relative) and group homes. These changes often result in multiple school placements. Because of these complexities in their lives, many foster youth perform below grade level, are held back in school, and have lower graduation rates than their peers.

The Foster Youth Services (FYS) Program:

- Provides individualized educational case management to support academic achievement, attendance and positive school behaviors.
- Provides resources and coordinated services to meet the needs of students
- Assists with immediate and appropriate school placement in coordination with the SFUSD AB490 Liaison
- Facilitates collaboration between SFUSD staff, community agencies, Child Welfare Workers/Probation Officers, and care providers
- Offers professional development for schools, care providers, DHS personnel and others on the educational needs of foster youth
- Advocates for foster youths' educational needs
- Advocates locally and state-wide to improve school & child welfare policies
- Maintains a database of foster youth attending SFUSD schools

FYS Interns practice educationally focused, generalist case management of foster/probation youth and become knowledgeable about various social systems; including SFUSD, Department of Human Services, Juvenile Probation Department, Juvenile Court, and community-based organizations. By understanding these large systems, the FYS interns are able to advocate on behalf of their clients. Interns will provide individual and group interventions with students at the school site and/or foster care placement, participate in foster care events, attend Individualized Education Program (IEP) meetings, and consult with multidisciplinary team members.

Stipends available! For more information about this program contact::

Coordinator, Foster Youth Services Program, School Health Programs Department
San Francisco Unified School District, 1515 Quintara Street, San Francisco, CA 94116
Tel (415) 242-2615 x 3310 Fax (415) 242-2618

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About SIT/SB1895

Senate Bill SB1895 was created in 2004 to provide pre-referral services for special education students before a school district makes a referral to a community mental health agency. SFUSD's Student Support Division, in compliance with this legislation, is developing a network of specialists to assist school sites in providing services for these students. The Student Intervention Team/SB1895 Unit, composed of a team of mental health professionals, is bringing together the mental health specialists at school sites to provide on site services for the students referred.

Clinical interns who are placed at school sites under the day-to-day supervision of school site mental health staff are assigned SB1895 cases at their primary site or another school site nearby. Interns meet directly with referred students at the school site, consult with teachers, Learning Support Professionals and School Psychologists and provide therapeutic and case management services. Behavior ratings, progress notes and monthly case reviews are used to track case developments and cases are discussed weekly during the clinical supervision meetings. Clinical interns are expected to complete a full case review at the end of 12 sessions with recommendations for either continued service or case closure.

It is the objective of the SB1895 Program to implement a collaborative framework that brings together mental health specialists working at school sites to provide clinical services for students in need of mental health assistance. It is anticipated that this program will:

- Build capacity at school sites to provide prevention services
- Increase the coordination/collaboration of mental health/health providers at school sites
- Provide appropriate school based services for each referral
- Increase the number of mental health options at school sites
- Provide a comprehensive review of all students referred
- Document the services and interventions provided
- Provide a comprehensive written assessment and referral to Community Mental Health with recommendations for continued treatment as needed.

Stipends may be available at the completion of clinical services to each SB1895 case.

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Wellness Center Programs

The Wellness Center Program is a collaborative initiative between: the Department of Children, Youth & Their Families (DCYF); the San Francisco Unified School District (SFUSD), School Health Programs Department; the Department of Public Health; Community Mental Health Services (CMHS); Community Substance Abuse Services (CSAS); and the San Francisco Police Department (SFPD) Youth Programs Section.

The purpose of the Wellness Center Program is to provide and link students to health care and prevention/early intervention programs and services. Areas of need and focus are: mental health services, substance use prevention and treatment services, reproductive and physical health services and linkage to community based services.

The Wellness Center Program provides students access to health education, reproductive health, mental health, and substance use services, as well as referral to primary healthcare providers. Students voluntarily seek Wellness Program Services or are referred by school site staff. Students are assessed, counseled, and referred to community service providers when appropriate.

Currently, there are eleven High School Wellness Center Program sites located at: Burton, Downtown, Galileo Academy, Ida B Wells, International Studies Academy, John O'Connell, Lincoln, Lowell, Mission, School of the Arts and Thurgood Marshall. In September of 2007 there are plans to open two Middle School Wellness Centers at school sites to be determined.

Support staff /activities at each Wellness Center include:

- Wellness Coordinator, School Nurse, Peer Resource Coordinator, and some sites also have a Community Health Outreach Worker.
- Department of Public Health ensures that a Mental Health Counselor, and Substance Use Counselor are assigned to each site.
- A School Resource Officer assigned to each site in collaboration with SFPD COPS program
- Health Promotion Committee which includes Health Liaison, Tobacco Intervention Coordinator and Sexual Minority Youth Liaison provide adult and student coordinators for each position
- Technical Assistance Grant Writing Workshops
- On-site and district-wide professional development opportunities for all site staff

Interns are a vital part of the Wellness Program. The services they provide varies with the needs of each site, but always includes individual work with students.

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Learning Support Elementary or Middle School

MISSION: Learning Support Professionals work at schools throughout the District to assist school site staff in achieving academic excellence & improved attendance, by decreasing risky behaviors and creating safe & healthy school communities.

The role of the Learning Support Professional is:

To provide a mental health perspective to assist site staff in assessing the learning environment/ learning style and in developing a plan for the academic success of students.

- Provide resources and coordinate services for identified students and families to address mental health concerns.
- Support teachers in developing optimal learning environments for students.
- Develop behavior management and classroom management interventions/ plans.
- Facilitate collaboration between SFUSD resources and community agencies to meet the needs of students and families.
- Conduct educational and/or psychosocial support groups based on identified needs.
- Consult with school site personnel and collaboratively develop a plan to increase a positive school climate that will foster student achievement.

To consult and collaborate with school site personnel and parents/ caregivers at the Student Success Team meetings (SST) on alternative strategies to increase student academic achievement and appropriate school behavior.

- Consult with parents regarding the development of learning and behavioral interventions for students including recommendations for home support of school goals.
- Attend and/or facilitate meetings, workshops and professional development.
- Provide program development.
- Provide crisis support as needed.

Interns are a vital part of the Learning Support Services to the Elementary and Middle Schools. The services they provide varies with the needs of each site but always includes individual work with students.