

Practicum Placement Profile

The Multicultural Psychotherapy Training and Research Institute at La Familia Counseling Service

**The Multicultural Psychotherapy
Training and Research Institute at
La Familia Counseling Service**
26081 Mocine Avenue
Hayward, Calif. 94544

Phone (510) 881-5921(x.110)

Contact Persons: Luann L. DeVoss, Ph.D.
Director of Training

Agency Description and Objective:

The Multicultural Psychotherapy Training and Research Institute is the training and research component of the Outpatient Psychotherapy Program. La Familia Counseling Service is a non-profit organization founded in 1975. The original mission of the agency was to provide quality social services to the Latino community in the Hayward area, but this has expanded to a mission of serving all underserved populations. It is a non-profit organization funded by grants and contributions from a number of public and private sources (e.g. United Way, FEMA, Alameda County Medi-Cal, etc.). La Familia Counseling Service provides a wide range of services to the community which includes Psychotherapy, AIDS Education, Developmental Disabilities Case Management, Legal Referral, Child Day Treatment and other Social Services. The practicum placement occurs in La Familia's Outpatient Psychotherapy Program which provides psychotherapy and psychiatric services to adults, children and families. We work within **psychodynamic and family systems models** and are committed to ethnic, gender, and cultural sensitivity.

Type of Therapy:

The Outpatient Psychotherapy Program provides a wide range of therapeutic services to adults, children, adolescents, couples and families, many of whom are seeking help for the first time from a mental health service. The focus of the training experience, at this site, is on individual and family therapy but there are ample opportunities for Psychological Assessment, group psychotherapy, crisis work, case management, and Infant Parent bonding therapy.

Theoretical Orientation:

Psychodynamic and Family systems. We also train students to provide psychodynamic infant parent bonding therapy.

Population:

Adults, adolescents, children, couples and families from a wide range of ethnic groups. The majority of our patients are Latino and the remainder of the population is an extremely culturally diverse group. Patient diagnosis cover the entire range, from neurotic to psychotic.

Responsibilities and Functions of Student Trainee:

- 1) Conduct initial evaluations
- 2) Conduct individual adult, adolescent, child, couple and family therapy sessions
- 3) Participate fully in a multi-disciplinary team
- 4) Complete necessary charting
- 5) Attend staff meetings, seminars, and case conferences and be prepared to make presentations in these meetings
- 6) Participation in the training and provision of Psychological testing is an optional aspect of our training program.

Multicultural Emphasis:

The permanent clinical staff is almost entirely bilingual in Spanish and English. Our Medical Director is Argentinean, our Executive Director is Chilean, and many of our staff therapists are bi-cultural. In addition to formal presentations on multicultural issues, virtually every case conference attends, by necessity, to the multicultural issues involved, whether it is a bi-cultural therapeutic dyad, a bilingual therapy, an immigration related problem, or some other related issue.

Staff Degrees:

2 M.D., 3 Ph.D., 2 Psy.D., 1 LCSW

Placements:

We will accept a total of 10 students at the practicum and internship levels. We Also have Post-doctoral trainees.

Duration and Hours:

July 11, 2007 to May 31, 2008

16 to 20 hours per week

48 weeks minus 3 weeks vacation

Stipend and Benefits:

\$350/ training year

Membership in the Friends of the San Francisco
Psychoanalytic Institute

Associate Membership in the Northern California Society for
Psychoanalytic Psychology

Orientation Packet

Readers for all Didactic Seminars

Individual Supervision:

One hour per week with a licensed psychologist and clinical consultation as needed from staff therapists.

Training Program:**Orientation Process**

La Familia has an extensive Orientation Packet that we go through meticulously during the first few weeks of the program. The first two months of the program are dedicated to an orientation to the clinic, the paperwork, the training program itself, the members of the team, and the basic clinical skills the students will need throughout the training year.

Didactic Seminars

We have five study units throughout the year each lasting about two months or a little more. The first is the Orientation Unit, this is followed by Basic Psychoanalytic Concepts, Family Therapy, Child Therapy, and Infant Mental Health. There are one or two readings for the seminar each week. Students are expected to read them, be prepared to discuss them and, on a rotating basis, prepare short written summaries of the reading for the group.

Case Conference

We have two case conferences, 1 1/2 hours each, per week.

We usually use a microanalysis format for examining transcripts of clinical interaction in our case conference, but we also use videotape presentation of cases and, on occasion, less formal presentations of cases as well.

Staff Meetings

We have half hour staff meetings every week to discuss administrative issues and make announcements of concern to the staff and trainees.

Required days and times that trainee must be present in agency:

Wednesdays from 9:00 - 3:30 (there is a lunch break)

1 ½ hr. Family Case Conference

1 ½ hr. Individual Case Conference

½ hr. Staff Meeting

1 ½ hr. Didactic Seminar

1 ½ hr. Advanced Training with rotating topics

Prerequisites:

We are looking for students who have had some clinical experience and are interested in working within the theoretical frameworks of the psychodynamic and family systems models. We want students who are interested in working with people in a multidisciplinary community mental health setting. Students should be dedicated, hard working, and self reflective. We are particularly interested in Spanish speaking students but we always have several non-Spanish speakers, so we strongly encourage all interested students to apply. Furthermore, applicants should be prepared to do difficult work and they should also be ready to laugh in seminar.....because we like having a good time too!

Application Procedure:

After submission of cover letter, vita, and 2 letters of recommendation, students who appear most suitable to the agency will be invited to come to La Familia for one or two individual interviews. During the interviews, students will be asked about their interest in psychology, psychotherapy, psychoanalytic work and family work. Students should be prepared to talk about one or two patients they have worked with or are currently seeing.

Send Application To:

Luann L. DeVoss, P.h.D.

Director of Training

La Familia Counseling Service

26081 Mocine Avenue

Hayward, CA 94544

Deadline For Applications:

Students interested in applying for the training year beginning July 11th, 2007 should submit their application by March 5, 2007, but it is likely we will begin interviews before that time so, the sooner the better. Those that are interested in applying after March 5, 2007 are encouraged to inquire before submitting their application and keep in mind that the training year will begin on July 11th, 2007.

For Further Information:

(510) 881-5921 (ex.110)

