

We work hard...

to provide high quality services to eligible families and children to enhance their lives, their opportunities for success and their self sufficiency through innovative and collaborative approaches.

Our goal is to...

provide a holistic approach to mental health services that will enhance the well being, self esteem, and independence of parents and children.

Contra Costa County Community Services Bureau

Head Start & Early Head Start
2425 Bisso Lane, Suite 120
Concord, CA 94520

Mental Health Unit



A premier force for children and families



**Contra Costa
Community
Services Bureau**

Mental Health Internship



A team dedicated to the complete well-being of each and every child we encounter.

About Community Services Bureau/Head Start & Early Head Start

Head Start & Early Head Start Services are steered by the Contra Costa County Community Services Bureau. The program delivers a unique comprehensive service to 3,000 children between the ages of zero and five years old.



All aspects of the program are cohesively connected through an in-house multidisciplinary Case Management system that involves parents as partners in helping children grow emotionally, cognitively and socially toward the goal of social competence.

Among the services available are:

- Early Health Screening
- Mental Health Assessment and Treatment
- Nutrition Screening
- Disabilities/Individual Education Plan
- Family Support
- Resource and Referral

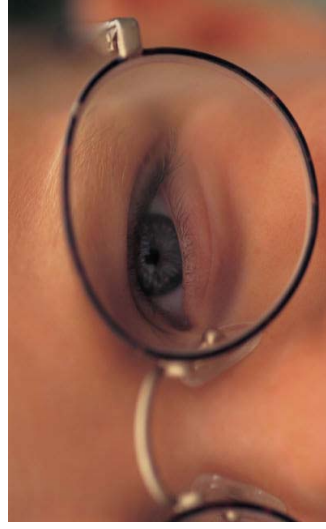
Breaking the Cycle

Quality family and child care support are the most important elements in helping children get a fair start in life. Community Services Bureau helps parents break the cycle of poverty and foster the intellectual, emotional and social growth of their children as they become productive members of our communities.

Community Services Bureau helps provide real solutions to the challenges of life. These solutions range from providing families with wholesome meals to offering subsidized child care; thereby allowing mothers and fathers to confidently enter the workplace knowing their children are in safe and nurturing environments.

Addressing Mental Health Services

Our mental health team works in collaboration with Contra Costa County Health Services Department, Mental Health Division to provide assessment, diagnosis and treatment to children from income eligible families of diverse ethnic and cultural backgrounds.



We believe that children, and especially those with emotional and behavioral difficulties, should have as many opportunities as possible to participate in age appropriate activities in typical settings with whatever support necessary.

Mental Health Internship

As part of the mental health services, a paid internship program is available in a variety of preschool sites throughout Contra Costa County. The internship program provides clinical supervision and specialized training in:

- Child Development
- Play Therapy
- Sand Play Therapy
- Family Therapy
- Prevention and Ongoing Treatment

A one year commitment to Community Services Bureau as a Mental Health Intern or Trainee is required.

Mental Health Interns/Trainees work a minimum of fifteen hours per week.

Weekly group and individual supervision is offered by Clinical Supervisors with specialties in Child Therapy and Preschool Base Interventions with children and families.

Throughout the term of the internship, the Mental Health Intern/Trainee shall maintain professional liability.

Please direct your inquiries to:
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