It is absolutely essential that CLC staff members be able to acknowledge and appropriately deal with their own process in relation to their work at CLC. Supervision, staff meetings and trainings support exploration of these issues as they arise. Staff counselors are encouraged to view their experience at CLC in terms of personal as well as professional growth. Personal psychotherapy is encouraged as a very useful adjunct to the CLC field placement,

Counselors are on site 9AM-5 PM Monday & Friday

Program Hours - Monday & Friday 9 AM-3 PM Individual Supervision – 1 hour/week during program hours Group Supervision - 3-5 PM Monday Staff Meeting - 3- 4:30 PM Friday Staff Training – 3:00 PM-4:30 PM on selected Fridays (staff meeting time)

Commitment is to 16 hours/week for 12 months.

Counselors obtain 8-10 client contact hours per week. The exact mix of individual and group hours varies depending on the counselor's interests and group choices. There are opportunities to pursue special interests and develop new groups.

Supervision

Individual - 1 hour/week on-site during program hours with CLC clinical coordinator. **Group** - 2 hours/week (3-5 PM Monday) with CLC program director.

Both supervisors are licensed Marriage and Family Therapists and CAMFT certified supervisors.

In addition to scheduled weekly individual and group supervision sessions, supervisors and other clinically licensed staff members are available on site for consultation as needed.

The CLC field placement meets the California Board of Behavioral Science requirements for Marriage and Family Therapist trainee and intern clinical experience.

Program Site: CLC meets in space provided by the First Congregational Church of Berkeley at 2340 Durant St. (corner of Dana and Durant).

Mailing Address: PO Box 4519, Berkeley, CA 94704

For more information

Contact the CLC Clinical Coordinator, Jim Moyers (jim@bonitahouse.org) or Program Director, Rebecca Woolis (rebecca@bonitahouse.org) by email or phone at (510) 548-2269.

Web site: <u>http://bonitahouse.org/clc.html</u>.

The Berkeley Creative Living Center is a program of Bonita House Inc., a non-profit and charitable corporation providing effective alternatives to psychiatric institutions and facilities.

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Update: Beginning with 2007-2008 placements a \$500 stipend will be available.