

Bay Area Community Resources

Clinical Internship and Training Program

2007-2008

BACR is pleased to offer clinical internship and practicum positions for graduate students of psychology, social work and counseling at two sites: New Perspectives Marin and Gateway-East Bay. The internship offers an excellent learning environment for clinical experiences in a well- established school and community-based program serving children, adolescents, and their families.

The Agency

BACR has been in existence for 28 years and is one of the largest providers of services to children and adolescents with programs in Marin, West Contra Costa, Berkeley and East Palo Alto. During 2005-2006, BACR counselors served over 2000 young people and more than 900 families. The agency has won numerous awards for outstanding service, and is a strong leader in innovative services and training interns.

BACR's goal is to promote the healthy development of young people, and to prevent and stop alcohol and drug-related problems. This is accomplished through coordinated services that promote and enhance the resilience of youth and their families and that assess and address risk factors in counseling, parent consultation, family therapy, advocacy, recreation programs, school consultation, resource development, case management and education. Over the last several years, the agency has been using a case management and resource development model in many school districts, in order to provide more intensive and directed services to students and families and to further develop school-based services for students in collaboration with other community agencies. Interns are an integral part of this program, providing direct counseling services, while having the unique opportunity of working as part of a collaborative team in the school setting.

The Internship

Expectations

- Interns make a time commitment of 16 – 20 hours per week for one full school year.
- Interns are assigned to an elementary, middle or high school.
- Spend at least one and a half days at the school site, with remaining hours in the office.
- Interns carry a caseload of 6-10 students for individual counseling.
- Facilitate a minimum of one group each in the school. In some instances, interns may provide more group counseling hours, depending on school-site needs and intern-supervisor decisions.
- Provide family collaterals and consultation when appropriate.
- Work cooperatively with school personnel.
- On some school sites it is possible to accompany staff counselors and provide classroom education on topics such as substance abuse prevention and positive social interaction.
- Keep accurate and timely records of all contacts and submit monthly statistics.

- Attend one hour of individual supervision, two hours of group supervision, and two hours of didactic training each week.

Interns can expect to receive excellent training and supervision in support of the clinical services they are requested to provide. They can expect to be both challenged and supported, and to be exposed to a wide variety of experiences in treatment and theory. BACR considers interns to be an integral part of a treatment and training team that encourages creativity and growth.

Supervision

The focus of **individual supervision** is on the development of the intern's expertise in assessment and treatment planning, psychotherapy, and crisis interventions, and the development of sound clinical judgment. The emphasis is also on how to provide skillful clinical services in a school setting, and the practical aspects of interacting successfully in the school and larger community. All supervisors are licensed clinicians, and all have extensive experience working with schools. Writing process notes and audiotaping are a regular part of supervision.

Group supervision will focus on training issues and on specific cases in a small group format. Interns will learn to do formal case presentations and will gain support for working with students, their families, and the schools. Audiotapes and/or transcriptions of specific sessions are required for case presentations.

Training

The didactic training begins with an intensive one-week orientation that provides information about the agency, an introduction to the internship, and an overview of the program structure and model. This orientation offers initial training on risk and resiliency, working in the school, legal and ethical issues, assessment, interviewing, substance abuse, treatment planning, record keeping, and cultural diversity. The orientation is structured to provide interns with enough initial information to begin work in the schools.

The weekly trainings in Marin are frequently divided into elementary and middle-high school tracks, and presented by staff and expert professionals from the larger community. The Richmond intern training is offered in the East Bay. Both Marin and East Bay programs share trainings several times during the year, (usually held at the Richmond location). Former interns have found the trainings to be stimulating, useful and thought provoking. The structure of the training allows for lecture, questions, discussions, and occasional experiential opportunities. Some of the theoretical and practical areas covered in the elementary and secondary trainings will be:

Clinical Interviewing
Assessment, History Taking, Genograms
Diagnosis, use of DSM IV
Treatment Planning
Legal and Ethical Issues
Child Abuse: Physical, Sexual, neglect; Mandated Reporting
Suicide
Confidentiality
Individual and Group Therapy
Play Therapy, Art Therapy, Puppets, Sandplay, Storytelling
Family Consultation and Family Therapy

*Substance Abuse Assessment and Early Intervention
Risk and Resiliency
Child and Adolescent Development
Transference and Countertransference
Multicultural Issues
Gender
Sexuality
HIV and STDs
Grief, Loss, Depression and Anxiety
Impulse Control Problems
Psychopharmacology with Children and Adolescents
Learning Disabilities*

Stipend and Advanced Training

There is a stipend of \$600. per school year offered for the internship at BACR, as an expense reimbursement for training and educational activities.. There is also opportunity for advanced training in family therapy for second year interns.

Requirements

Interns with a wide variety of skill level, experience, and background are encouraged to apply. *Previous experience with children and/or adolescents, with substance abuse or prevention, schools and/or with clinical experience is helpful. A strong desire to learn and a commitment to supporting youth is especially important.*

Application Process

Applicants are welcome to apply to either or both programs. Upon receipt of the a resume, cover letter discussing your interest in the program, and two letters of recommendation, we will contact you to schedule an interview. Two to three interviews may be requested.

Please send your resume, cover letter discussing your interest in the program, and two letters of recommendation to:

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